

## Mental Health Providers and Professionals

NAMI AUSTIN, as a policy does not endorse or give out specific names of therapists, psychiatrists, doctors, as we believe that is a very personal choice. We can recommend a few websites that offer "Profiles" of therapists, psychiatrists and doctors in the Austin area.

We also recommend attending support groups for family members or individuals attending NAMI meetings or other mental health support groups elsewhere to acquire good resources for therapists, psychiatrists and doctors in the Austin area.

PSYCHOLOGY TODAY and GOOD THERAPY both have listings of mental health professionals. You may begin your search by your zip code.

### THERAPISTS WEBSITES:

<http://therapists.psychologytoday.com/rms>  
<http://www.goodtherapy.org/find-therapist.html>  
<http://www.alltherapist.com>  
[http://therapists.psychologytoday.com/rms/prof\\_search.php](http://therapists.psychologytoday.com/rms/prof_search.php)  
[www.local.com](http://www.local.com)

### PSYCHIATRIC & PSYCHOLOGICAL SERVICES IN AUSTIN INCLUDE:

AUSTIN PSYCHOLOGICAL AND TESTING CENTER  
[www.austinpsychiatrists.com](http://www.austinpsychiatrists.com)

NEURO PSYCHIATRISTS ASSOCIATES OF AUSTIN  
[www.austinpsychiatrist.com](http://www.austinpsychiatrist.com)

AUSTIN PSYCHOLOGY AND ASSESSMENT CENTER  
[www.apacenter.com](http://www.apacenter.com)

WEST END PSYCHOLOGICAL ASSOCIATES  
<http://westendpsych.com>

PSYCHOLOGICAL ASSESSMENT RESEARCH AND TREATMENT SERVICES  
[www.psycharts.com](http://www.psycharts.com)

WEST END PSYCHOLOGICAL ASSOCIATES  
<http://westendpsych.net>

PLANCTX (PLANNED LIVING ASSISTANCE NETWORK OF CENTRAL TEXAS)  
They offer long-term planning for individuals with mental illness and their families.  
[http://www.planctx.org/what\\_is\\_plan.htm](http://www.planctx.org/what_is_plan.htm)

AUSTIN TRAVIS COUNTY INTEGRAL CARE  
Psychiatric Services and Counseling  
[www.atcic.org](http://www.atcic.org)  
1631 E 2<sup>nd</sup> St. Building D

Austin TX, 78702  
(512)-804-3600  
Call (512) 472-4357 for new client information.  
Monday-Friday 8am-5pm

COMMUNITY CARE UNIT

Various Locations Throughout Austin  
[www.communitycaretx.org](http://www.communitycaretx.org)  
(512)-978-9000 - Administration  
(512)-978-9300  
Hours of Operation: Monday-Thursday 7:45am-4:45pm  
Friday 9:00pm - 4:45pm  
2 walk in clinics, after hours

HEALTH CARE RESOURCES:

COMMUNITY CARE HEALTH CENTERS:

<http://communitycaretx.org/locations>

You may make an appointment online or calling the new patient number (512) 978-9015 if you have questions about where the locations are or any other inquiry they will be able to direct you your call and to the proper location.

You may also fill out New Patient forms from online or do it at the specific clinic.  
Check what Insurance is accepted online or call.  
You may do a Provider or Health Center Search online.  
Hours of Operations and Services vary based upon the specific clinic.

The Community Care Health Centers offer:

Dental Health Services  
HealthCare for the Homeless  
HIV Services  
Pediatric Services  
Pharmacy Services  
Primary Care Services  
Walk In Services (specific locations only)  
Women's Services  
Mobile Primary Services  
Behavioral Health Services

IN-PATIENT SERVICES:

Seton Shoal Creek Hospital  
512.324.2029  
[http://www.seton.net/locations/shoal\\_creek](http://www.seton.net/locations/shoal_creek)  
3501 Mills Avenue  
Austin, TX 78731

Rock Springs  
512.819.9400  
<http://www.rockspringshealth.com/>

2 September 2014

700 Southeast Inner Loop  
Georgetown, TX 78626

The Arbor  
866.568.9936  
<http://www.thearbor.com/>

Austin Oaks Hospital  
512.440.4800  
<http://austinoakshospital.com/>  
1407 W. Stassney Ln  
Austin, TX 78745-2947

Texas Star Recovery  
512-462-6729  
[texasstarrecovery.com/](http://texasstarrecovery.com/)  
1106 W Dittmar Rd  
Austin, TX 78745

In Patient Transition Services:

Hill Country Counseling  
512-491-844  
[hillcountrycmhc.com](http://hillcountrycmhc.com)  
1433 Fairfield Dr  
Austin, TX 78758