



NAMI Family Support Group is a peer-led support group for family members, caregivers and loved ones of individuals living with mental illness. Groups generally meet on a monthly basis.

The following is a list of our many different support groups that meet in the Austin area. For more information, please contact NAMI Austin at **512.420.9810** or info@namiaustin.org.

NAMI Austin Family Support Group For families and friends of individuals living with mental illness	4:00 – 5:30 p.m.	1 st Sunday	Integral Care 1700 South Lamar Blvd., Austin, TX 78704 From Lamar Blvd., turn onto Collier St. Take the 3 rd left into the large parking lot. (in Large Training Room) info@namiaustin.org
NAMI Austin Daughters & Sons Support Group For adult children of parents with mental illness.	7 - 8:30 p.m.	2 nd Wednesday	Austin State Hospital Canteen/Nifty Fifty Diner 4110 Guadalupe St. Austin, TX 78751 daughtersandsons.fsg@namiaustin.org
NAMI Austin Family Support Group For families and friends of individuals living with mental illness	7 - 8:30 p.m.	2 nd Thursday	Seton Shoal Creek 3501 Mills Ave Austin, TX 78731 (In the Cafeteria) setonshoalcreek.fsg@namiaustin.org
NAMI Austin Family Support Group For families and friends of individuals living with mental illness	7 - 8:30 p.m.	2 nd Thursday	St. Michael's Episcopal Church 1500 N Capital of Texas Hwy Austin, TX 78746 Room 8, Preschool (next to fenced yard) info@namiaustin.org
NAMI Austin Family Support Group For families and friends of individuals living with mental illness	6:30 – 8 p.m.	3 rd Tuesday	Austin Oaks Hospital 1407 W Stassney Ln, Austin, TX 78745 (In large dining room) info@namiaustin.org
NAMI Austin Family Support Group For families and friends of individuals living with mental illness	10 – 11:30 a.m.	3 rd Saturday	Abiding Love Lutheran Church 7210 Brush Country Rd, Austin, TX 78749 info@namiaustin.org
NAMI Austin Family Support Group For families and friends of individuals living with mental illness	7 – 8:30 p.m.	4 th Thursday	Bethany United Methodist Church 10010 Anderson Mill Rd. Austin, TX 78750 (Park in lot at int. of Anderson Mill and Swallow. Enter through double doors. Walk down the hall and up the stairs. Meeting room 203 is on your right.) info@namiaustin.org

Updated 8/14/2017

For the most up-to-date schedule, please visit www.namiaustin.org/family-support-group